

Anytime Fitness  
Daniel Calabresse  
John Glenn Brenner  
[www.anytimefitness.com](http://www.anytimefitness.com)  
325 Route 100  
Somers, NY 10589  
(914)301-5969

Bisogni Chiropractic Center  
Dr. Louis E. Bisogni, Certified Chiropractic  
Sports Practitioner  
[www.bisognichiro.com](http://www.bisognichiro.com)  
332 Rt. 100  
Somers, NY 10589  
(914)276-4200

CrossFit  
Jackie & Glenn Etere  
[Crossfitap@yahoo.com](mailto:Crossfitap@yahoo.com)  
[www.Crossfitathleticperformance.com](http://www.Crossfitathleticperformance.com)  
1500 Front St.  
Yorktown Heights, NY 10598  
(914)245-0302

Empowered Mastery Consultants  
Nicholas Palumbo  
Paul Melella  
[www.empoweredmastery.com](http://www.empoweredmastery.com)  
(914)488-5881

Carla Foto, Health & Wellness Coach  
[www.westchesterhealthyliving.com](http://www.westchesterhealthyliving.com)  
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(914)424-0151

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Therapist  
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332 Route 100  
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(914)582-7699

Main Street Arts  
Paul Perez  
[www.mainstreetact.org](http://www.mainstreetact.org)  
Yellow Monkey Village  
797 Route 35  
Cross River, NY  
(914)977-3901

Mount Kisco Dental Group  
Missy Vece  
[www.mtkiscodental.net](http://www.mtkiscodental.net)  
293 Lexington Ave.  
Mt. Kisco, NY 10549  
(914)864-2878

Putnam Yoga  
Christine Dodge  
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250 Route 6  
Mahopac, NY 10541  
(845)628-2312

Somers Podiatry  
John O'Hanlon, D.P.M.  
Towne Center at Somers  
268 Route 202  
Somers, NY 10589  
(914)276-3718

Stuart's Farms  
Betsy Stuart  
[www.stuartsfarm.com](http://www.stuartsfarm.com)  
62 Granite Springs Rd.  
Granite Springs, NY 10527  
(914)245-2784

United Martial Arts Center  
[www.umacenters.com](http://www.umacenters.com)  
114 Old Route 6  
Carmel, NY 10512  
(845)225-1841

Westchester Boot Camp  
Carla Braca  
[www.westchesterbootcamp.com](http://www.westchesterbootcamp.com)  
(914)960-4494

Yorktown Bike Shop  
[www.yorktowncycles.com](http://www.yorktowncycles.com)  
1899 Commerce St.  
Yorktown Heights, NY 10598  
(914)245-5504

Zumba Fitness  
Marie Roberts  
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